

DAYTIME SCHEDULE

3 MONTHS

GOAL	SCHEDULE	TIME
7:00 - 7:30	feeding time	0:30
7:30 - 8:30	play time	1:00
8:30 - 10:00	1st nap	1:30
10:00 - 11:00	play time	1:00
11:00 - 11:30	feeding time	0:30
11:30 - 12:00	play time	0:30
12:00 - 2:00	2nd nap	2:00
2:00 - 3:00	play time	1:00
3:00 - 3:30	feeding time	0:30
3:30 - 4:00	play time	0:30
4:00 - 4:45	cat nap	0:45
4:45 - 6:15	play time	1:30
6:15 - 6:45	bath time	0:30
6:45 - 7:15	feeding time	0:30
7:15	SLEEP	



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